

Santa CRUZ Swimming – JO's Last Chance Meet

PACIFIC SWIMMING Short Course C/B/A+

March 1 & 2 2014

Enter Online: <http://ome.swimconnection.com/PC/CRUZ20140301>



SANCTION: Held under USA/Pacific Swimming Sanction No. **14-034**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://www.santacruzcountyaquatics.com/>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:
Meet Referee: Cliff Reyda **Head Starter:** George Cleveland **Admin Official:** Brett Shaug
Meet Marshal: Bill Norris **Meet Director:** Bill Norris; cruz.meetdirector@gmail.com, 650-303-2921

LOCATION: University of California Santa Cruz OPERS Complex (Main Pool), Santa Cruz, CA

From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz, take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the university at the Main entrance at Bay and High streets. Turn left at Hagar Road. Follow signs to "Event Parking" at the southwest parking lot near the pool complex.

COURSE: Outdoor pool with up to 10 lanes available for competition. An additional 5 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 8 feet at the start end and 8 feet at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at **9 AM** each day with warm-ups from **7:30 to 8:45 AM** each day. Warm-up: The 3 lanes furthest to the east will be closed to all warm-up swimming for the duration of the event. During the warm-up period (7:30 to 8:45) competition lanes 1, 2 and 3 will be reserved for 8 & under swimmers.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in four (4) events per day.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four (4)-Hour Rule," based on the swimmers age and gender. This rule applies specifically to all 12 & under swimmers.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- This meet has a cap of **420 participants per day** or 4 hour rule as defined above, whichever comes first.
- Some events have limited entry. SEE notes below in "Eligibility" for requirements.
- **All events will be seeded and run fastest to slowest.**
- **The 400 IM and 1000 Free heats will be alternating girls' and boys' heats.**
- **Swimmers in the 400 IM and 1000 Free must provide their own timers.**
- **Swimmers in the 500 and 1000 Frees must provide their own lap counters.**

ATTENTION HIGH SCHOOL SWIMMERS (February through May): If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

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UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- PLEASE DO NOT BRING YOUR DOGS TO THIS MEET. No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue. UCSC does not allow dogs on campus and will issue citations if a dog (or other animal) is left in a car in a UCSC parking lot.
- For safety and accessibility reasons the pool deck must be cleared of tents and chairs for all hard surface areas east of the bulkhead (the warm-up side of the pool).
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted (please note the following exceptions)
 - Pacific 10 & under B-time required for the following events; events are limited to the 1st 32 entries in each gender. Times will be verified. Entries not meeting requirement will be scratched.
 - #3 & #4 (12 & Under 200 Free)
 - #35 & #36 (12 & Under 500 Free)
 - #65 & #66 (12 and Under 200 I.M)
 - Pacific 11/12 B-time required for the following events; events are limited to the 1st 32 entries in each gender. Times will be verified. Entries not meeting requirement will be scratched.
 - #13 & #14 (11/12 200 Breast)
 - #31 & #32 (11/12 400 I.M.)
 - #51 & #52 (11/12 200 Back)
 - #59 & #60 (11/12 200 Fly)
 - #69 & #70 (11 and Up 1000 Free)
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Use the following link to the time standards: <http://www.pacswim.org/userfiles/cms/documents/263/timestandards-cba.pdf>
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

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ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked by **Monday, February 10, 2014** or entered online by 11:59 p.m. **Monday, February 10, 2014** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, February 17, 2014**, entered online by 11:59 p.m. **Wednesday, February 19, 2014**, or hand delivered by 8:00 p.m. **Wednesday, February 19, 2014** will be considered in the order that they were received or until meet cap is reached.

ENTRY FEES: \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/PC/CRUZ20140301> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **Wednesday, February 19, 2014**.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, **Monday, February 17th, 2014** or hand delivered by 6:30 p.m. **Wednesday, February 19th, 2014**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Santa Cruz Aquatics
Mail or hand deliver entries to: Bill Norris
Swim Meet Entries
7 Lawridge Road
Santa Cruz, CA 95060

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers entered in an individual event that they have checked in for, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Swimmers who miss an event they have checked in for will not be penalized by the loss of the next event they have entered.

AWARDS: Ribbons will be given for 1-8th place by division (C/B/A+) and by age groups (8/U, 9-10, 11-12, 13-14, 15-18) regardless of age defined by each event. (ie. 12 & Under events will award 8/U, 9-10, 11-12). 'A' medals will be awarded to those achieving a new 'A' time. 19 & Older swimmers will not be awarded.

ADMISSION: Free. A two day program will be available for \$2.00

REFRESHMENTS: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. **Clubs are requested to provide Stroke and Turn, or Deck officials and timing lane assignments will also be required based on total entries by club.**

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EVENT SUMMARY

Saturday March 1, 2014				Sunday March 2, 2014			
8 & UN	9-10	11-12	13/Over	8 & UN	9-10	11-12	13/Over
200 Free	200 Free	200 Free	500 Free	500 Free	500 Free	500 Free	200 Free
25 Free	100 IM	100 IM	200 Breast	50 Free	100 Breast	100 Breast	100 Breast
100 IM	50 Breast	50 Breast	100 Back	100 Breast	50 Back	50 Back	200 Back
50 Breast	100 Back	200 Breast	100 fly	25 Breast	50 Fly	200 Back	200 Fly
100 Back	100 Fly	100 Back	100 Free	50 Back	100 Free	50 fly	50 Free
25 Back	50 Free	100 Fly	400 IM	25 Back	200 IM	200 Fly	200 IM
100 Fly		50 Free		50 Fly		100 Free	1000 Free
25 Fly		400 IM		100 Free		200 IM	
50 Free						1000 Free	

EVENTS

Saturday March 1, 2014				
Warm-up 7:30-8:45				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
1	NT	13 & Up 500 Free	NT	2
3	3:07.59	12 & Under 200 Free*	3:08.89	4
5	NT	8 & Under 25 Free	NT	6
7	NT	12 & Under 100 I.M.	NT	8
9	NT	13 & Up 200 Breast	NT	10
11	NT	12 & Under 50 Breast	NT	12
13	3:26.29	11/12 200 Breast *	3:26.69	14
15	NT	13 & up 100 Back	NT	16
17	NT	12 & Under 100 Back	NT	18
19	NT	8 & Under 25 Back	NT	20
21	NT	13 & Up 100 Fly	NT	22
23	NT	12 & Under 100 Fly	NT	24
25	NT	8 & Under 25 Fly	NT	26
27	NT	13 & Up 100 Free	NT	28
29	NT	12 & Under 50 Free	NT	30
31	6:29.09	11/12 400 I.M. *	6:29.69	32
33	NT	13 & Up 400 I.M.	NT	34

Sunday March 2, 2014				
Warm-up 7:30-8:45				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
35	8:38.94	12 & Under 500 Free *	8:18.99	36
37	NT	13 & Up 200 Free	NT	38
39	NT	8 & Under 50 Free	NT	40
41	NT	13 & Up 100 Breast	NT	42
43	NT	12 & Under 100 Breast	NT	44
45	NT	8 & Under 25 Breast	NT	46
47	NT	13 & Up 200 Back	NT	48
49	NT	12 & Under 50 Back	NT	50
51	3:05:29	11/12 200 Back *	3:04:09	52
53	NT	8 & Under 25 Back	NT	54
55	NT	13 & Up 200 Fly	NT	56
57	NT	12 & Under 50 Fly	NT	58
59	3:09.99	11/12 200 Fly *	3:14:79	60
61	NT	12 & Under 100 Free	NT	62
63	NT	13 & Up 50 Free	NT	64
65	3:30.29	12 and Under 200 I.M.*	3:30.59	66
67	NT	13 & Up 200 I.M	NT	68
69	14:44.99	11 & up 1000 Free *	14:50.99	70

Time standard required for each event noted in table above, see Eligibility section for details. Standards set according to Pacific Swimming 'B' time standard of youngest age group permitted in event. Times will be verified. Entries that do not meet time standard requirement will be scratched. Refunds or alternative races will not be offered. A maximum of 32 entries per event.

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Santa CRUZ Swimming – Last Chance for Champs Meet PACIFIC SWIMMING Short Course C/B/A+ Meet March 1 & 2, 2014 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$2.75 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													