

**2014 Piranha Progressive Series-Part 1  
& One-Day Sprint Meet  
March 8 and 9, 2014**



PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET

Hosted by Piranha Swimming

Enter Online: <http://ome.swimconnection.com/pc/quik20140308>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-048**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VIDEO DEVICES:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS: Meet Referee:** Don Bautista

**Admin Official:** Lillian Bautista

**Head Starter:** Albert Yu

**Meet Marshal:** Darlene Follansbee

**Meet Director:** Vicki Beard – [piranha.coach2@gmail.com](mailto:piranha.coach2@gmail.com)

**LOCATION:** Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park. Take Hwy 101 NB to the Wilfred Ave exit. Turn left off hwy on to Commerce. Right at next light on to Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center) turn left at stop light for Country Club. Turn right at Hudis Street stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

**COURSE:** Outdoor 25 yard pool with up to 6 lanes available for competition, and a small warm up/warm down area available throughout the competition. The minimum water depth, measured in accordance with Article 103.2.3, is 5'x 0" at the start end and 3'-5" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin at 1:00 PM each day with warm-ups from 11:30 AM-12:30 PM each day.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will be swum "Fastest to Slowest."
- Swimmers may compete in four (4) events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches. No other refunds will be made.
- At the discretion of the Meet Referee, events and heats may be combined.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

**OPEN EVENTS:** Per Pacific Swimming Rules & Regulations 1B1a(5), in order to enter open events at an age-group meet, a swimmer must have met the listed qualifying time or have coach verification for the following events: 200 Free, 200 Back, 200 Breast.

**ATTENTION HIGH SCHOOL SWIMMERS (February through May):** If you are a high school swimmer in season, you need to be unattached for this meet. It is the swimmers responsibility to be unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. **It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations. All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Swimmers in the "A" Division must have met at least the "PC-A" time standard. Swimmers in the "B" Division must have met at least the "PC-B" time standard. All entry times slower than the "PC-B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED except for the Open 200 Free, 200 Back, and 200 Breast events.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not included with the entry cards or when requested to submit said payment prior to the closing of entry registration.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/quik20140308> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **Wednesday, 11:59 p.m., February 26, 2014.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by **midnight, Friday, February 21, 2014** or hand delivered by **6:30 p.m. Wednesday, February 26, 2014.** No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** Piranha Swimming  
**Mail entries to:**  
Nichole Whetstone  
979 Golf Course Drive Suite 142  
Rohnert Park, CA 94928

**Hand deliver entries to:**  
Honeybee Pool  
1170 Golf Course Drive  
Rohnert Park, CA 94928

\*\*\*Note: Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Furthermore, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** Awards will be given for 1<sup>st</sup> - 8<sup>th</sup> place in the "A," "B" and "C" divisions, for each event and age group (8&U, 9-10, and 11-12, 13-14, 15-16, 17-18.) The 10 & Under individual events will be swum as combined events with awards given for each separate age group (8 & under, 9-10). The 11 & Over individual events will be swum in combined events with awards given for each separate age group (11-12, 13-14, 15-16, 17-18). Open events will be swum in combined heats, with awards given for each separate age group (8 & under, 9-10, 11-12, 13-14, 15-16, 17-18). "A" medals will be awarded for new "A" times achieved by swimmers in divisions "B" and "C" regardless of the place achieved in the event.

**ADMISSION:** Free. A program will be available for \$5.00

**REFRESHMENTS:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** One-half hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the numbers of swimmers present against the number of Officials present representing each team. No more than 3 days after close of entries, Meet management (ref or director) shall contact the representative from each team participating, and provide a preliminary inventory. Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during the meet, in accordance with the table below.

| Club swimmers entered in session   | Trained and carded officials requested* |
|--|---|
| 1-10   | 0                                       |
| 11-25  | 1                                       |
| 26-50  | 2                                       |
| 51-75  | 3                                       |
| 76-100   | 4                                       |
| 100 or more  | 5                                       |
| *Zone 3 Pacific Swimming will include Colorado, Intermediary/ Chief Timing Judge, and Hytek Computer Operator into the count of Officials for a session. These positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, as long as they are carded. |   |

**EVENTS**

| <b>Saturday, March 8, 2014</b> |                     |                |
|--------------------------------|---------------------|----------------|
| <b>EVENT #</b>                 | <b>EVENT</b>        | <b>EVENT #</b> |
| 1                              | 10 & Under 100 Free | 2              |
| 3                              | 11 & Over 100 Free  | 4              |
| 5                              | 10 & Under 25 Free  | 6              |
| 7                              | 11 & Over 25 Free   | 8              |
| 9                              | 10 & Under 50 Free  | 10             |
| 11                             | 11 & Over 50 Free   | 12             |
| 13                             | 10 & Under 200 Free | 14             |
| 15                             | 11 & Over 200 Free  | 16             |
| 17                             | 10 & Under 500 Free | 18             |
| 19                             | 11 & Over 500 Free  | 20             |

| <b>Sunday, March 9, 2014</b> |                      |                |
|------------------------------|----------------------|----------------|
| <b>EVENT #</b>               | <b>EVENT</b>         | <b>EVENT #</b> |
| 101                          | Open 200 Free*       | 102            |
| 103                          | 12 & Under 50 Back   | 104            |
| 105                          | 11& Over 100 Back    | 106            |
| 107                          | Open 200 Breast*     | 108            |
| 109                          | 12 & Under 100 IM    | 110            |
| 111                          | 11& Over 200 IM      | 112            |
| 113                          | Open 100 Fly         | 114            |
| 115                          | 12 & Under 50 Free   | 116            |
| 117                          | 11 & Over 100 Free   | 118            |
| 119                          | Open 200 Back*       | 120            |
| 121                          | 12 & Under 50 Breast | 122            |
| 123                          | 11 & Over 100 Breast | 124            |

\* Minimum time standards for open events are presented below.

Time standards are located on the Pacific Swimming Website: [http://www.pacswim.org/page/times\\_standards.shtml](http://www.pacswim.org/page/times_standards.shtml)

| <b>Minimum Time Standards</b> | <b>Women's Event #</b> | <b>Event</b>    | <b>Men's Event #</b> | <b>Minimum Time Standards</b> |
|-------------------------------|------------------------|-----------------|----------------------|-------------------------------|
| 3:07.59                       | 101                    | Open 200 Free   | 102                  | 3:08.89                       |
| 3:26.39                       | 107                    | Open 200 Breast | 108                  | 3:26.69                       |
| 3:05.29                       | 119                    | Open 200 Back   | 120                  | 3:04.09                       |

| Pacific Swimming – Hosted by Piranha Swimming<br>PC-CBA+<br>March 8-9, 2014<br>Consolidated Entry Form          |                   |  |                 |  |  |  |            |  |                |            |  |  |  |
|---|-------------------|--|-----------------|--|--|--|------------|--|----------------|------------|--|--|--|
| Name: Last,   |                   |  | First           |  |  |  | Middle     |  |                |            |  |  |  |
| Club Abbr.  |                   |  | UNATT TEAM ABBR |  |  |  | Club Name  |  |                |            |  |  |  |
| Age   |                   |  | Date of Birth   |  |  |  | Sex<br>M F |  | LSC – (PC, SN) |            |  |  |  |
| USA-#   |                   |  |                 |  |  |  |            |  |                |            |  |  |  |
| Event #   | Distance / Stroke |  |                 |  |  |  | Entry Time |  |                | Circle one |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
|   |                   |  |                 |  |  |  | : .        |  |                | SCY / LCM  |  |  |  |
| # of entries _____ x \$2.75 = \$ _____<br>Participation Fee      \$ 8.00<br>Total                      \$ _____ |                   |  |                 |  |  |  |            |  |                |            |  |  |  |
| Coach (Print Name)<br>Provide Email Address:  |                   |  |                 |  |  |  |            |  |                |            |  |  |  |
| Swimmer's<br>Address  |                   |  |                 |  |  |  |            |  |                |            |  |  |  |
| Home Phone  |                   |  |                 |  |  |  | Cell Phone |  |                |            |  |  |  |
| Email   |                   |  |                 |  |  |  |            |  |                |            |  |  |  |

