

**OSPREY AQUATICS**  
**PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET**  
**MARCH 5<sup>TH</sup> - 6<sup>TH</sup>, 2022**  
Enter Online: <http://www.fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **22-033**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Bob Armbruster	<b>Head Starter:</b> Mike Piccardo
<b>Meet Marshal:</b> Feliciano Rivera	<b>Admin Official:</b> Marisa Bacon
<b>Meet Director:</b> Oliver Mackin <a href="mailto:Oliver@ospreyaquatics.com">Oliver@ospreyaquatics.com</a>	

**LOCATION:** Morgan Hill Dennis Kennedy Aquatics Center, 16200 Condit Road, Morgan Hill, CA 95037

**DIRECTIONS:** **From Southbound Highway 101:** take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about 1/4 mile. **From Northbound Highway 101:** take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right. vehicles will be towed at your expense. Please secure vehicles and contents.

**PARKING:** Park in the main unpaved lot of the facility, the EAST side of Conduit Road, on the south of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents. Neither the City of Morgan Hill, the Morgan Hill Aquatics Center, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

**COURSE:** Outdoor 25-yard pool with up to 10 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming. The competition course has been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin at **9:00 AM** each day with warm-ups from **7:15 to 8:45 AM** each day. A special warm-up time for 8 and under Athletes only will be held from **8:15 to 8:45 AM**

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
  - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
  - All events are timed finals.
  - All events will swim fast to slow.
  - Athletes may compete in a **MAXIMUM of 3** events per day.
  - All Athletes ages 12 and under should complete competition within four (4) hours.
  - Entries will be accepted until the number of splashes exceeds the estimated timeline, per the “Four-Hour Rule,” based on the Athletes age and gender.
  - Meet shall be capped at 500 Athletes.
  - Warmups will be in the far end of the competition pool with one lane of buffer between courses. The instructional pool will not be available for the meet.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
  - **Athletes shall provide their own timers for the 500 Freestyle and 400 I.M. events.**

**ATTENTION HIGH SCHOOL ATHLETES:** High school athletes in season need to be Unattached from this meet. It is the athlete’s responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
  - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
  - No glass containers are allowed in the meet venue.
  - No propane heater is permitted except for food trucks/meet operations.
  - All shelters must be properly secured. For shelters on turf, no plastic or metal stakes allowed.
  - Deck Changes are prohibited.
  - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
  - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not

found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "**NO TIME**" will be **ACCEPTED**.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South athletes shall have a one-week (7 days) priority upon opening of the meet.

**ENTRY FEES:** \$4.50 per event plus an \$8.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to [www.fastswims.com](http://www.fastswims.com) to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, February 23<sup>rd</sup>, 2022**.

**MAILED-IN ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, **Monday February 21<sup>st</sup>**. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Osprey Aquatics**

**Mail entries to: Oliver Mackin**

**472 Dover Way**

**Campbell, CA 95008**

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded in the event.

**SCRATCHES:** Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized.

**AWARDS:** Ribbons will be awarded to the 1st – 8th place for each event in age groups (8&U, 9-10, 11-12, 13 and Over). No awards given for athletes 19 years of age and older. Note: Awards will be separated and handed to teams **AFTER** the completion of the meet

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** Food Trucks will be available throughout the competition. Coaches and working Officials will be provided lunch and snacks.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. Also, no noise makers allowed in the pool venue.

**EVENT SUMMARY**

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13 & O	8 & UN	9-10	11-12	13 & O
25 BACK	200 FREE	200 FREE	200 FREE	25 BREAST	200 IM	200 IM	200 IM
50 BREAST	100 BACK	100 BACK	100 BACK	50 BACK	100 BREAST	100 BREAST	100 BREAST
25 FLY	50 BREAST	200 BREAST	200 BREAST	50 FLY	50 BACK	50 BACK	200 BACK
100 IM	100 FLY	50 BREAST	100 FLY	25 FREE	50 FLY	200 BACK	200 FLY
50 FREE	100 IM	100 FLY	50 FREE	100 FREE	100 FREE	50 FLY	100 FREE
	50 FREE	100 IM	400 IM			200 FLY	500 Free
		50 FREE				100 FREE	
		400 IM				500 Free	

**ORDER OF EVENTS**

Saturday, March 5 <sup>th</sup>		
Girls Event #	Event	Boys Event #
1	13 & Over 200 Free	2
3	9-12 200 Free	4
5	8 & Under 25 Back	6
7	13 & Over 100 Back	8
9	9-12 100 Back	10
11	11 & Over 200 Breast	12
13	8 & Under 50 Breast	14
15	9-12 50 Breast	16
17	13 & Over 100 Fly	18
19	9-12 100 Fly	20
21	8 & Under 25 Fly	22
23	9-12 100 IM	24
25	8 & Under 100 IM	26
27	13 & Over 50 Free	28
29	9-12 50 Free	30
31	8 & Under 50 Free	32
33	11 & Over 400 IM	34

Sunday, March 6 <sup>th</sup>		
Girls Event #	Event	Boys Event #
35	13 & Over 200 IM	36
37	9-12 200 IM	38
39	8 & Under 25 Breast	40
41	13 & Over 100 Breast	42
43	9-12 100 Breast	44
45	8 & Under 50 Back	46
47	9-12 50 Back	48
49	11 & Over 200 Back	50
51	8 & Under 50 Fly	52
53	9-12 50 Fly	54
55	11 & Over 200 Fly	56
57	8 & Under 25 Free	58
59	13 & Over 100 Free	60
61	9-12 100 Free	62
63	8 & Under 100 Free	64
65	11 & Over 500 Free	66

Pacific Swimming – Hosted by Osprey Aquatics  
 SHORT COURSE CBA+  
 March 5th and 6th, 2022  
 Consolidated Entry Form

Name: Last                      First                      Middle

Club Abbr.		UNATT TEAM ABBR				Club Name							
Age		Date of Birth				Sex M F		LSC – (PC, SN)					
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
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						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.50 = \$ _____ Participation Fee      \$ 8.00 Total                      \$ _____													
Coach													
Athlete's Address													
Home Phone						Cell Phone							
Email													