

**2019 SPEEDO SECTIONALS-SANTA CLARITA, CA  
California-Nevada**

Santa Clarita Aquatic Center

**July 18 – July 21, 2019**

Open to All CA, CC, PC, SI, SN teams



Location:

Santa Clarita Aquatic Center  
20850 Centre Pointe Parkway  
Santa Clarita, CA 91350

Sponsored by:

**USA Swimming & Southern California Swimming**

Hosted by:

**Canyons Aquatic Club**

## 2019 SPEEDO Sectionals-Santa Clarita, CA Summer CA-NV Championship

SANCTIONED BY: SOUTHERN CALIFORNIA SWIMMING/USA  
SWIMMING SANCTION #S19-215

HOSTED BY: SOUTHERN CALIFORNIA SWIMMING & CANYONS AQUATIC CLUB

DATES OF MEET: July 18 – July 21, 2019 HEATS & FINALS

START TIMES:	Prelims:	Thur, Fri, Sat	July 18, 19, 20	9:00 AM
		Sunday	July 21	8:30 AM
	Finals:	Thur, Fri, Sat	July 18, 19, 20	5:00 PM
		Sunday	July 21	4:00 PM
WARM UP TIMES:	Prelims:	Thur, Fri, Sat	July 18, 19, 20	7:00 AM
		* General Warm-up assigned:	7:00	
		Sunday	July 21	7:00 AM
		* General Warm-up assigned:	7:00	
	Finals:	Thur, Fri, Sat	July 18, 19, 20	3:30 PM
		Sunday	July 21	2:30 PM

ENTRIES CLOSE on **Wednesday, July 10, 2019 at 5:00 PM**

Meet Referee: Debra Baldwin, baldwindebra@ymail.com (760) 518-9027  
Meet Director: Madison Cho, meetdirector@canyons.org (661) 388-8358  
Admin Referee: Mary Redmond, office@si-swimming.com (760)716-7678  
Entry Chair: Alina de Armas, alsoswim@gmail.com (805) 444-0317

Open to: CA, CC, PC, SI, SN athletes

**POOL:** Santa Clarita Aquatic Center, 20850 Centre Pointe Parkway, Santa Clarita, CA 91350

**DIRECTIONS:** 14 FWY NORTH: Take GOLDEN VALLEY exit. Left on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway. From 14 FWY SOUTH: Take GOLDEN VALLEY exit. Right on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway. Parking will be free. ***There will be reserved parking for the officials and coaches.***

**COURSE:** The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard (20 lane) x 50 meter (8 lane) pool. A separate warm--up/warm-- down 8--lane, 25--meter course pool will be open during the meet. Competition courses have been certified in accordance with 104.22.2(C). Pool depth at start and turn end is 7'6".

**ELIGIBILITY:** Open to athletes in Central California, Pacific, Southern California, San Diego/Imperial and Sierra Nevada Swimming who hold **2019 USA Swimming membership**. All entries must be submitted and received electronically via USA Swimming OME or team electronic file. OME is the PREFERRED method of entry. Relay-only swimmers MUST be included in the team electronic entry file. Please designate unattached swimmers 'UN'. All TEAMS must be 2019 registered and have 2019 approved team charters. On deck registration is NOT permitted. If an entering team is not 2019 registered, all swimmers must swim as unattached "UN" at this meet and may not compete in relays.

**QUALIFYING TIMES:** must be achieved **between September 1, 2017, and July 10, 2019**. Long Course Meter (LCM), qualifying times will be seeded first, followed by Short Course Yard (SCY), Short Course Meter (SCM), Bonus LCM, Bonus SCY, Bonus SCM. Athletes may compete in no more than six (6) individual events (may enter all events qualified). Swimmers may compete in no more than three (3) individual events per day. A swimmer with 5 or fewer qualifying times may enter one (1) additional bonus event (labeled "B" on entry), IF he/she has achieved the listed bonus time standard. NEW (no updates) entry times achieved **7/11/19-7/15/19** will be entered by the Meet Entry Chair **Alina de Armas**, when submitted by e-mail **alsoswim@gmail.com** by MIDNIGHT 7/15/19 to If a qualifying time is achieved in an event that the athlete has currently entered as bonus event, he/she can use the qualifying time to enter that event and add an additional bonus event, as long as he/she has five (5) or fewer total qualifying events.

**COACHES MEETING:** 7:40 AM, Thursday, July 18th, 2019, at Santa Clarita Aquatic Center. A representative from each team must attend.

## **ENTRY INTO THE MEET**

**ENTRY:** All entries must be submitted and received electronically via USA Swimming OME or team electronic file. OME is the PREFERRED method of entry. Team electronic entry (non-OME) is to be sent via email with entry file and meet entry report as attachments to alsoswim@gmail.com. Please use the event file provided on the Southern California Swimming homepage link to 2019 SPEEDO Summer Sectionals. The electronic entry file must be accompanied by a printout (signed by the coach) including proof of times for all individual and relay events. When entering electronically, "Y" or "L" must be indicated on proof-of-time sheet and bonus events must be indicated as "YB" or "LB" on proof-of-time sheet. For relays, accurately complete the Official Team Relay Entry form. All teams MUST submit the Meet Entry Recap sheet whether or not entering relays.

**ENTRY FEES:** \$11.00 per Individual Event and a \$10 per Swimmer surcharge must accompany team entry form (plus \$2/swimmer for OME entry). Relays: \$24.00 per relay team entered. Relay only swimmers MUST be listed on team entry form and pay swimmer surcharges. Relay only swimmers may NOT be deck entered. There are no refunds.

**Time Trials entry fee:** \$15. **Limit of two (2) time trials for the meet.**

For non-OME Team entries made via the internet (email), the team check must be postmarked **WITHIN 48 HOURS OF THE EMAIL DATE STAMP.**

Make checks payable to: *Southern California Swimming*  
Mail with a copy of Entry Forms to: 2019 Speedo Sectionals  
c/o Alina de Armas  
2724 Loraine Place  
Simi Valley, CA 93065

**ENTRIES CLOSE:** OME entries will close on Wednesday, July 10th, 2019 at 5:00 pm. Next day delivery service with tracking is recommended (ex: Fed Ex, UPS, or Airborne). **You must sign for 'no signature required' on shipping label. Certified, registered, or special delivery mail - OR - delivery service (with tracking) requiring signature at time of delivery will be rejected.** NEW entry times (no time updates) achieved 7/11/19 – 7/15/19 may be sent to alsoswim@gmail.com by the where swum, no later than 11:59 PM on 7/15/19.

## **RULES AND PROCEDURES**

**MEET REFEREE:** Debra Baldwin (baldwindebra@ymail.com) Any questions regarding the conduct of the meet should be made directly to the Meet Referee.

**RULES:** USA Swimming Rules and National Championship procedures will govern. Meet entry times must be designated 'Y' for yards or 'L' for meters. The National Championship scratch procedures will be used for prelims and finals. In order, there will be a "C", "B" and "A" Final for all events except 1000 and 1650 freestyle and relays. All entered swimmers (including RELAY ONLY) must be on a team entry form. Positive check-in for the 1000 and 1650 Freestyle is required by the day's scratch deadline. All Coaches must complete the CDC or NFHS online Concussion Course. **Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in the locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence through the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into this meet is acknowledgement and consent to this fact.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SWIMWEAR:** Swimwear must conform to USA Swimming rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**DECK CHANGES:** Deck changes are prohibited.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or swimmers' legal guardian to ensure compliance with this requirement.

**CLOSED DECK:** ONLY meet volunteers, USA Swimming registered athletes and current USA Swimming registered officials and coaches may be on deck during warm-ups and/or competition. NO SPECTATORS ARE ALLOWED ON DECK AT ANY TIME. Spectator seating is available in the bleachers

**PROOF OF TIME:** This is a proof of time meet. The meet host will verify all entries against the USA Swimming SWIMS time database. An unverified entry time must be proven by the scratch deadline or the swimmer/relay team will be scratched from that event. Only swimmers/relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in USA Swimming Rules and Regulations (207.8.5A).

NOTE: Proof of Time is required through SWIMS, the national times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition; (b) a USA Swimming observed competition; (c) a USA Swimming approved competition; or (d) a FINA approved competition. Times in this database are not meet entry, only proof of entered time.

**SCRATCH DEADLINES:** Positive check-in deadline for Thursday's events - 5:30 PM Wednesday. Scratches may be turned in at the pool OR submitted via email to **Mary Redmond, office@si-swimming.com**. The scratch deadline is 5:30 PM on Thursday, Friday, and Saturday for the next day's events. A swimmer who fails to scratch and "no shows" a prelim or timed final event will be removed from all remaining events that day and must positive check in for all subsequent individual events. A swimmer who fails to scratch and "no shows" a final will be removed from the meet.

**POSITIVE CHECK IN:** Required for ALL relays by scratch deadline for the next day's events. Required for 800/1500 freestyle events. Women's 1500 Freestyle and Men's 800 Freestyle deadline: Thursday by 9:00 AM. Women's 800 Freestyle and Men's 1500 Freestyle deadline: Saturday 30 minutes after start of Finals to be seeded by time.

**RELAYS:** A team may enter no more than two relay in each event. Relays must be pre-entered; relay times must be provable by team or aggregate. A swimmer may be used only once to prove a relay in each relay event. Relays must check in by the scratch deadline for the day swim. **Relay Only swimmers must be listed on the team entry form.** Relays will be contested at the end of Finals Friday through Sunday. Relays will be swum in the National format: fastest two heats of women (slow to fast), fastest two heats of men (slow to fast), remaining heats alternating women and men, fast to slow. There will be an option to swim the Medley Relay on Sunday at the conclusion of prelims (before the 800/1500 freestyle). Sunday afternoon relays will be swum fast to slow. Option must be declared by scratch deadline (5:30 PM) on Saturday.

## **SPECIAL NOTES:**

1. ALL preliminary heats will be swum fastest-to-slowest.
2. The 400 Freestyle and 400 IM will be swum alternating women's and men's heats. **All prelim heats of the 400 free and 400 IM will be swum at the conclusion of the morning session. The 400 free and 400 IM finals will be swum in event order, as listed on the meet information form.**
3. The fastest heat of the women's 1500 (Event #3) will be swum on Thursday after the men's 100 Freestyle final (Event #2), and the fastest heat of the men's 800 (Event #8) will be swum after the men's 200 Breaststroke (Event #6). **The remaining heats of women's 1500 and men's 800 will follow the National Championship seeding procedure. The second fastest heat of the Men's event will finish approximately one hour prior to the start of the evening warm-up session. All other heats of the women's 1500 and the men's 800 will be seeded back from that point, in descending order, alternating women / men.**
4. The fastest heat of the women's 800 (Event #31) will be swum on Sunday after the men's 200 IM final (Event #30), and the fastest heat of the men's 1500 (Event #36) will be swim after the men's 50 Freestyle (Event #34). **The remaining heats of women's 800 and men's 1500 will follow the National Championship seeding procedure. The second fastest heat of the men's event will finish approximately one hour prior to the start of the evening warm-up session. All other heats of the women's 800 and the men's 1500 will be seeded back from that point, in descending order, alternating women / men.**
5. Based on entries, preliminary heats may be swum using "chase starts" from both ends of the pool AND/OR in "A" and "B" flights. If flights are deemed necessary, an A flight of 7 heats for each event will be offered in the A session. Only those in the original top 7 heats will be eligible to participate in the A flight. **Swimmers in the A session would have the option to compete in the B session if requested. Swimmers with B flight qualifying standards cannot enter the A flight sessions.** If flights occurs, the warm up sessions and start time may be altered by reducing the total time in the morning warmup and adding a minimum of 30 minutes of water time in the main competition pool for the B flight competitors to ensure appropriate preparation time is available to both flights. FLIGHT or "CHASE START" DECISIONS WILL BE ANNOUNCED MONDAY, July 15, 2019 by 5:00 PM at [socialswim.org](http://socialswim.org) and by email to all entered teams.

**The Meet Referee and Meet Director reserve the right to either flight the meet or run two courses, depending on entries.**

**FLIGHT/COURSE DECISION WILL BE ANNOUNCED MONDAY, July 15<sup>th</sup>, 2019, on the Canyons Aquatic Club Website; [www.canyons.org](http://www.canyons.org) and Southern California Swimming website; [socialswim.org](http://socialswim.org)**

**Finals:** Finals will be composed of a Bonus Finals, Consolation Final, and Championship Final swum in that order, with 8 swimmers qualifying for each Final Heat. The top 26 qualifiers must scratch if they do not wish to swim in finals.

**AWARDS:** Team awards: first through third place in each division. Large, Medium, and Small Team Divisions will be based on the number of individual events entered by a team.

High point award: The top male and female swimmer. Individual event awards: first through eighth place. **Presentation will be 1st through 3<sup>rd</sup>**. Relay awards: first through third place.

Scoring to be as follows: 38- 34-33-32-31-30-29-28-27-26; 24-21-20-19-18-17-16-15-14-13; 11-9-8-7-6-5-4-3-2-1:relay scoring will have double the point value. Divisional scoring will be based on the 30 places, points applied towards team's overall score in team's division. No tiered Scoring by Division.

There will be a "Coach of the Meet" award to be balloted on the final day of the meet during preliminaries.

**TIME TRIALS:** Sanction: #S19-216 Held Under the Sanction of USA Swimming  
Entry Fee: \$15.00 per event (enter at Admin Table). Limit: two (2) for the meet  
Time Trials will be swum, time permitting, at the discretion of the meet referee. Open to swimmers entered in individual events. Based on meet entries Time Trials **may** be opened to Relay Only swimmers; decision made and announced Monday, July 15<sup>th</sup>, 2019.

**WARM UP:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during or after the swim meet must be under the direct supervision of an USA Swimming member coach. **General warm up (as assigned) will begin at 7:00 and pace and sprint lanes will be available. There will be NO DIVING into the pool during these times except into the designated sprint lane(s), one-way from the blocks under USA Swimming member coach supervision.** IF the meet flights, B flights warm up will begin 40 min prior to the start of the session. No paddles, boards or fins will be allowed in the competition course. **Warm-up pool:** Lanes will be available for warm-up/cool down at all times – No Diving at any time. Marshals from the Canyons Aquatic Club will oversee all warm up areas. **All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.**

**CONCUSSION TRAINING REQUIRED IN CALIFORNIA:** California has modified existing school concussion law to apply the concussion requirements to youth sports organizations in which athletes participate, including swimming. These requirements will also apply to out of state coaches whose swimmers are attending meets in California.

<https://www.cdc.gov/headsup/youthsports/training/index.html>

or <https://nfhslearn.com/courses/61129/concussion-in-sports>

**LIFEGUARDS:** The City of Santa Clarita certified Lifeguards will be on duty during the duration of the meet, including warm-up designated times.

**VENDORS:** An approved Speedo Merchandise Dealer will be on deck for all swimmer apparel and equipment needs. Additional vendors may be on deck at the discretion of the Meet Host.

**HOSPITALITY:** Will be provided to all working Officials and Coaches throughout the meet. Athlete hospitality will also be provided.

**CONCESSIONS:** A full service snack bar will be available throughout the meet.

**MEET RESULTS:** Meet results will be posted on Meet Mobile.

**OFFICIALS:** This meet has been approved as an Officials Qualifying Meet (OQM) for N2 and N3 certification and recertification. Please see the Sectionals website for applications to officiate at this meet. Applications must be received by June 1, 2018 for consideration for assigned positions. Officials are required to attend an officials' briefing one hour prior to the start of each session. Applications to officiate will be available on the SCS and Western Zone websites.

Application to Officiate:

[https://docs.google.com/forms/d/e/1FAIpQLSddnjjj2B3SES709U54BGhHKBR5HehsSh-  
iwSBNXLhAb4aKmg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSddnjjj2B3SES709U54BGhHKBR5HehsSh-<br/>iwSBNXLhAb4aKmg/viewform)

**REQUIRED NUMBER OF TIMERS:** Each team will be assigned lanes for timing based on the number of swimmers per session. Host team will provide all timers at the finals. Assignments will be **posted once the entries close.**

**ADDITIONAL INFORMATION:** Please contact the Meet Director, Madison Cho at [meetdirector@canyons.org](mailto:meetdirector@canyons.org) or 661-388-8358.

**IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING SHALL BE FREE FROM ANY LIABILITIES AND CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.**

**2019 SEEDO SECTIONALS – SANTA CLARITA, CA  
SUMMER CA-NV CHAMPIONSHIP**



## Order of Events and Time Standards

Women			Event Description	Men		
Event #	Minimum Time Yards	Minimum Time Meters		Minimum Time Yards	Minimum Time Meters	Event #

Thursday, July 18, 2019 – 9:00 AM Prelims						
1	53.99	1:01.89	100 Freestyle	48.19	56.09	2
3	17:46.59	18:22.99	*1500 Freestyle*			
5	2:28.19	2:49.69	200 Breaststroke	2:13.29	2:35.79	6
			*800 Freestyle*	9:59.49	9:04.69	8
9	2:10.09	2:27.99	200 Butterfly	1:58.89	2:15.89	10

Friday, July 19, 2019 – 9:00 AM Prelims						
11	1:56.29	2:12.99	200 Freestyle	1:45.79	2:03.09	12
13	4:39.09	5:20:09	**400 Individual Medley**	4:14.69	4:55.09	14
15	59.49	1:09.49	100 Backstroke	53.89	1:03.29	16
17	3:41.79	4:11.59	400 Freestyle Relay	3:18.59	3:46.89	18

Saturday, July 20, 2019 – 9:00 AM Prelims						
19	2:08.59	2:29.19	200 Backstroke	1:57.29	2:17.39	20
21	5:10.69	4:39.69	**400 Freestyle**	4:47.79	4:21.09	22
23	1:07.59	1:18.79	100 Breaststroke	1:00.89	1:11.29	24
25	59.19	1:07.19	100 Butterfly	52.89	1:00.89	26
27	8:00.19	9:05.59	800 Freestyle Relay	7:15.29	8:15.69	28

Sunday, July 21, 2019 – 8:30 AM Prelims						
29	2:10.49	2:31.09	200 Individual Medley	1:58.19	2:18.39	30
31	10:39.89	9:36.09	*800 Freestyle*			
33	24.89	28.69	50 Freestyle	22.19	25.89	34
			*1500 Freestyle*	16:43.89	17:13.49	36
37	4:02.69	4:36.09	400 Medley Relay	3:38.99	4:09.69	38

**\*1500 and 800 Event order is the Finals Session order.** In Prelims, the 1500 and 800 heats **EXCEPT** for the FASTEST 8 checked in athletes will swim at the end of the session, fast to slow alternating Women and Men.

**\*\*400 IM and 400 Freestyle Event order is the Finals Session order.** Friday: Prelim heats of the 400 IM will swim **AFTER** the 100 Backstroke. Saturday: Prelim heats of the 400 Freestyle will swim **AFTER** the 100 Butterfly. Fast to slow alternating Women and Men.

## 2019 SEEDO SECTIONALS – SANTA CLARITA, CA SUMMER CA-NV CHAMPIONSHIP

## Bonus Time Event Standards

WOMEN			MEN	
Yards	Meters	Event	Yards	Meters
25.69	29.49	50 Y Freestyle	22.79	26.59
55.49	1:03:69	100 Y Freestyle	49.49	57.69
1:59.59	2:16.69	200 Y Freestyle	1:48.79	2:06.59
5:19.49	4:47.59	500 Y Freestyle	4:55.99	4:28.49
10:57.99	9:52.49	1000 Y Freestyle	10:16.39	9:20.09
18:16.79	18:54.19	1650 Y Freestyle	17:12.29	17:42.79
1:01.19	1:11.39	100 Y Backstroke	55.39	1:05.09
2:12.29	2:33.39	200 Y Backstroke	2:00.59	2:21.29
1:09.49	1:20.99	100 Y Breaststroke	1:02.59	1:13.29
2:32.39	2:54.49	200 Y Breaststroke	2:17.09	2:40.19
1:00.89	1:09.09	100 Y Butterfly	54.39	1:02.59
2:13.79	2:32.19	200 Y Butterfly	2:02.19	2:19.79
2:14.19	2:35.39	200 Y Individual Medley	2:01.59	2:22.29
4:46.99	5:29.09	400 Y Individual Medley	4:21.89	5:03.49

**Speedo Sectionals 2019 – Carlsbad California-Nevada  
Championship July 18 – July 21, 2019  
Santa Clarita, CA  
Team Information Sheet**

Team Name: \_\_\_\_\_

LSC: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Team Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email:

Phone:

Fax: \_\_\_\_\_

Where is team staying?

\_\_\_\_\_

\_\_\_\_\_

Hotel Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Total number of 2019 USA-Swimming Certified Coaches in attendance: \_\_\_\_\_

***Please complete this form and submit it with your entries.***

**Speedo Sectionals 2019– Santa Clarita, California-Nevada March Championship  
Relay Entry & Proof of Time**

CLUB: \_\_\_\_\_ USA-Swimming Code: \_\_\_\_\_

For each relay team listed, list the qualifying time that can be proven for each team, team time or aggregate, and the swimmers' names and times. The named swimmers may be "relay only" members. A swimmer may be listed once per relay event. Any swimmer listed on the Official Team Entry may compete on any entered relay team. An aggregate relay entry time must include the individual times of all four swimmers. Reminder: Relay-only swimmers MUST be included in the team electronic entry file; relay- only swimmers may NOT be deck-entered.

**Event 17 - Women's 400 Meter Freestyle Relay**

***Time Standards 4:11.59L/3:41.79Y***

Relay A Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Relay B Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**Event 18 - Men's 400 Meter Freestyle Relay**

***Time Standards 3:46.89L/3:18.59Y***

Relay A Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Relay B Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**Event 27 - Women's 800 Meter Freestyle Relay**

***Time Standards 9:05.59L/8:00.19Y***

Relay A Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Relay B Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**Event 28 - Men's 800 Meter Freestyle Relay**  
***Time Standards 8:15.69L/7:15.29Y***

Relay A Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Relay B Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**Event 37 - Women's 400 Meter Medley Relay**

***Time Standards 4:36.09L/4:02.69Y***

Relay A Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Relay B Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**Event 34 - Men's 400 Meter Medley Relay**

***Time Standards 4:09.69L/3:38.99Y***

Relay A Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Relay B Entry Time \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**USA SWIMMING 2018 SPEEDO CHAMPIONSHIP  
Summer CA-NV Sectional Championship**

**MEET ENTRY RECAP**

**Entries must be received by July 10, 2019**

This form must be submitted with your Team Entry

LSC Code:	
Long Team Name:	
USA-S Team Code:	
Coach:	
Phone (cell):	

Total number of Women's events entered	@\$11.00/event	\$
Total number of Men's events entered	@\$11.00/event	\$
Total number of Relay's entered	@\$24.00/relay	\$
Total number of OME entered	@\$12.00/swimmer	\$
Total number of NON-OME entered	@\$10.00/swimmer	\$
	<b>TOTAL</b>	\$
<i>Make check payable to: <b>Southern California Swimming (SCS)</b></i>		

*Mail to:*

2019 Speedo Sectionals  
c/o Alina de Armas  
2724 Loraine Place  
Simi Valley, CA 93065

**NOTE: ALL RELAY ONLY SWIMMERS MUST BE LISTED IN THE ELECTRONIC ENTRY FILE**

SPEEDO SECTIONALS- SANTA CLARITA, CA  
July 18-21, 2019

HOTEL INFORMATION

Additional Hotel Information is posted on canyons.org

**“Marriott is a proud sponsor of USA Swimming!”**



**Courtyard by Marriott Santa Clarita -  
Valencia**

28523 Westinghouse Place, Valencia, CA, 91355

Rates from \$174 Single King with Pullout Sofa

\$189 for Double Queen

Trevor Tauber - 661.678.2923 trevor.tauber@dimdev.com

[Book your group rate for CA/NV Sectionals 2019](#)



**Hyatt Regency Valencia,**

24500 Town Center Drive, Valencia, CA, 91355

For individual rate, from \$169.00

For team rate, Contact: Kristin Slaten - 661.678.4028

kristin.slaten@hyatt.com

<https://www.hyatt.com/en-US/group-booking/VALEN/G-CNSS>



**Hampton Inn Los Angeles-Santa Clarita**

25259 The Old Rd, Stevenson Ranch, CA, 91381

Trevor Tauber - 661.678.2923 trevor.tauber@dimdev.com

Hotel room reservation links are posted on canyons.org